

Appointment Date and Time:
The facility will call you prior to your procedure.
Pharmacy: Pick up your prep (a few days prior to procedure):

**** Please call and verify coverage with your insurance carrier prior to your procedure. Below is the diagnosis and procedure with codes for your reference. Member benefits are not verified with our office.

DIAGNOSIS:

PROCEDURE: COLONOSCOPY 45378

Location:

_____ Dunes Surgical Hospital (605) 232-3332
101 Tower Road
Check in at the Medical Tower Entrance
Dakota Dunes, SD 57049

_____ Mercy One (712) 279-2552
801 5th Street
Sioux City, IA 51101

_____ Pierce Street Same Day Surgery (712) 294-7777
2730 Pierce Street (across the street from hospital)
Sioux City, IA 51104

Golytely Prep/Trilyte/Nulytely/Gavilyte

Please follow the prep described below.

Approved Clear Liquids:

Consume only clear liquids the entire day before your procedure.
--Example of clear liquids include coffee (**no creamer**), tea, carbonated beverages, apple juice, broth, jello (**no red or purple**).
No seeds, corn, popcorn or nuts 2(two) days prior to procedure.

Start drinking the Prep solution as follows:

The day before your procedure.

1. Starting at **5pm** drink one 8 ounce glass every 10 minutes until half the jug is completed.
2. Start second half at **9pm** drink one 8 ounce glass every 10 minutes
3. Nothing to eat or drink after midnight.
4. You may take heart, blood pressure, seizure or thyroid medications the day of your procedure with a sip of water. No diabetic meds.
5. Sedation will be administered intravenously for the procedure, therefore you **MUST** have someone to drive you home. You may **NOT** go home by bus or taxi.

If you have questions please call **605-217-5517**.

POST PROCEDURE INSTRUCTIONS

1. If the physician obtained biopsies please allow 7-10 days to be contacted with the results.
2. If the physician prescribed a new medication for you please contact the pharmacy to review the status of this as some medications may need a prior authorization from your insurance company and this process may take up to two weeks.
3. If the physician has recommended an office follow up or repeat endoscopy and you have not heard from Midlands Clinic GI department in 7-10 days please call the office at 605-217-5517.

If you have questions on the above prep, need to reschedule or have any concerns; please do not hesitate to call the office at 605-217-5517.